OSCAR WYLEE

PUPILLARY DISTANCE
MEASUREMENT TOOL

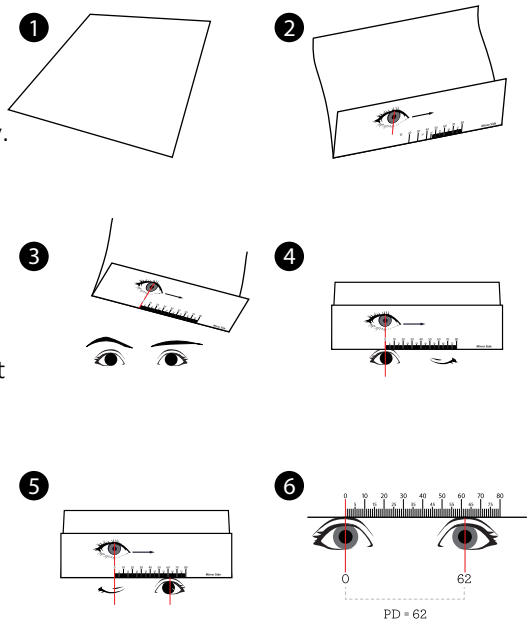
WHAT IS A PD?

PD is short for pupilary distance, which is the measurement of the distance between the pupils in millimeters. In order to make your eyeglasses custom to your face we need to know the distance between your pupils so the centre of the eyeglass lens, which holds the clearest vision, sits directly in front of your pupil.

NOW LET'S MEASURE YOUR PD...

Note: If you are unable to accomplish this yourself, have someone help you!

1. Print this page with NO SCALING setting (100% size).
2. Fold the page along the dotted line.
3. Look into a mirror at a distance about 20cm (8 in) away. Place and hold the PD ruler against your brow. Keep your face square to the mirror to avoid parallax error.
4. Close your right eye and align the ruler's zero to the centre of your left pupil.
5. Without moving your head or the ruler, open your right eye and close your left eye. Read the millimeter line that lines up with the centre of your right pupil. This number represents your PD in millimeters.
6. Repeat this whole process at least 3 times to get a constant measurement.



The measurement you just got is your **Distance PD**. If you need your PD for prescription reading glasses then you need to know your Near PD which is calculated as 2 mm less than Distance PD. For example: Distance PD: 62 / Near PD: 62 - 2 = 60

FOLD

FOLD

OSCAR WYLEE

MIRROR SIDE